

Mary Minten, PhD, MFT, LCADC, CST

Curriculum Vitae

1005 Forest Street

Reno, NV 89509

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EDUCATION

PhD in Counseling Oregon State University, Corvallis OR	2017
Master of Arts in Transpersonal Counseling Psychology Naropa University, Boulder CO	2007
Post-Graduate Certificate in Marriage and Family Therapy The Colorado School for Family Therapy, Aurora CO	2007
Post-Graduate Certificate in Lesbian, Gay, Bisexual, Transgender Couples and Families, The Colorado School for Family Therapy, Aurora CO	2007
Post-Graduate Certificate in Sex Therapy The Colorado School for Family Therapy, Aurora CO	2006
Bachelor of Arts in Liberal Arts <i>Summa cum Laude,</i> Excelsior College, Albany NY	2003
Honors Diploma with Honors Bishop Manogue Catholic High School Reno, NV	1989

LICENSES, CERTIFICATIONS, EXTENSIVE TRAININGS

American Association for Sex Educators, Counselors, and Therapists (AASECT) Certified Sex Therapist	2014-Present
American Association for Sex Educators, Counselors, and Therapists (AASECT) Supervisor in training	2020-Present
Nevada Licensed Marriage and Family Therapist #MFT01135	2009- Present
AAMFT Approved Supervisor	2014-Present

Nevada Licensed Clinical Alcohol and Drug Counselor #147-LC	2009-Present
Optimal Sexual Experiences	2020
Gottman Certified Couple Therapist	2014
Comprehensive Training in Dialectical Behavioral Therapy (DBT)	2012
DBT Family Connections, Trained as group facilitator	2012
EMDR Basic Training	2011
Motivational Interviewing Assessment – Supervisory Tools for Enhancing Proficiency (MIA-STEP) supervisor and trainer	2010
Emotionally Focused Couples Therapy, trained through externship	2009
Motivational Interviewing Trainer of Trainers (MINT) training (and current member)	2008
AASECT Continuing Education Provider (# 17-789-M)	2017-2018
American Board of Sexologists, Board Certified Clinical Sexologist	2006-2016
Play and art therapy training	2002-2007

PROFESSIONAL AFFILIATIONS

American Association of Marriage and Family Therapists (AAMFT)	2006-Present
American Association of Sexuality Educators, Counselors, and Therapists (AASECT)	2011-Present
Physicians for Human Rights	2019-Present
Motivational Interviewing Network of Trainers (MINT)	2008-Present
American Board of Sexologists	2006-Present
<i>Past associations:</i>	
WPATH (World Professional Association for Transgender Health)	2009-2018
Society for the Scientific Study of Sexuality (SSSS)	2018-2019
American Counseling Association (with ACES and ALGBTIC divisions)	2014-2017

RESEARCH

These three studies were single-subject, multiple-probe, and multiple-baseline design using the Marriage Checkup. The Marriage Checkup is an early intervention, based on motivational interviewing principles, aimed to prevent marital distress. Previous research results have only been reported for heterosexual cisgender couples.

- 1) The impact of a relationship wellness check-up on lesbian couples' relationship satisfaction
- 2) The impact of a relationship wellness check-up on gay male couples' relationship satisfaction
- 3) The impact of a relationship wellness check-up on transgender couples' relationship satisfaction
- 4) Feedback on motivation and incentives for SGM partners attending a relationship wellness checkup
- 5) Feedback on satisfaction and ideas for improving relationship wellness checkups for SGM partners
- 6) Master's Degree research project was in program evaluation and involved reviewing all current program evaluation and student assessment tools for meeting CACREP goals and objectives while continuing to reflect Naropa University's unique mission and values.

PUBLICATIONS

In Review: Minten, M., & Dykeman, C. (n.d.). "My incentive is THIS relationship! :)" Sexual and Gender Minority Partners Motivations and Incentives for Attending a Marriage Checkup

In Press, correct proof: Minten, M., & Dykeman, C. (2020). The impact of a marriage checkup with transgender couples. *Sexologies*.
<https://doi.org/10.1016/j.sexol.2020.09.005>

Minten, M. J., & Dykeman, C. (2020). The impact of relationship wellness checkups with gay male couples. *Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education* , 2(1). doi:10.34296/02011024

Minten, M.J. & Dykeman, C. (2019). The impact of relationship wellness checkups with lesbian couples. *The Family Journal: Counseling and Therapy for Couples and Families* 27(1). DOI: 10.1177/1066480718809429

Minten, M.J. (Summer, 2013) "Transgender Individuals in Transition," *Nevada Association of Marriage and Family Therapists (NAMFT) Newsletter*

Minten, M.J. (December, 2012). "The Transgender Experience," *Transformation Magazine*

Minten, M.J. (2012) "Trans Tells Personal Stories," *Reno Gazette Journal*, June 28, 2012

Minten, M.J. (Spring, 2012) "Family Meetings Extend the Therapeutic Effect," *NAMFT Newsletter*

Minten, M.J. (Spring, 2010) "Change Talk," *NAMFT Newsletter*

Minten, M.J. (2009) "Looking for a Place to Land," *NAMFT Newsletter*

SERVICE

- Editorial board member for the *Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education* 2020 to present
- SGM Initiative – a Nevada coalition for gender and sexual minority healthcare - steering committee member with current state-wide focus on providing a full range of coordinated health care services to TGNC people in rural areas 2020 ongoing
- Diversity in the Curriculum, monthly group focused on curriculum development to support Nevada laws aiming to decrease deficits in health care for underserved populations, under the Nevada Public Health Training Center and University of Nevada Reno April 2020 - ongoing
- Committee Member, Counseling and Educational Psychology Advisory Group, University of Nevada Reno, 2017 ongoing

RELATED WORK EXPERIENCE

Private Practice – Counseling, Supervision, Research, Teaching

New Leaf Counseling and Consulting, Reno NV

2007 – Present

- Provided individual, group, couple and family counseling for broad range of mental and emotional health concerns
- Provided sex therapy in individual, relationship, and group formats
 - Provided existential sex therapy for individuals and couples
 - Ran Optimal Sexual Experiences groups for couples with mixed or low desire concerns
- Ran groups ranging from residential, intensive outpatient, and outpatient levels of care with topics covering sexual health, LGBTQ+ support for individuals, families, and partners; creativity/intuitive process painting; relational health; out

of control sexual behavior; co-occurring disorders; LGBTQ+ groups for recovery; and more.

- Provided no-cost and low-cost services for transgender individuals and families
- Offered primary and secondary supervision to MFT-interns and CPC-interns in state licensure process
- Provided no-cost community trainings and continuing education on sexual health, LGBTQIAP health, motivational interviewing, DBT, couples counseling, and other topics (see volunteer work below)
- Created and ran an ongoing consultation, educational, and networking groups for practitioners working in sexual health fields – including educators, therapists, counselors, and researchers
- Offered no-cost consultation for professional clinicians working with LGBTQ+ individuals (particularly transgender and genderqueer health), polyamorous, kink/BDSM, and other sexual and gender minority groups

Clinical Instructor

University of Nevada Reno

2014 - Present

- Taught Assessment, Treatment and Case Management of Substance Related Disorders, Emotion and Addiction, Assessment and Diagnosis
- Taught continuing education courses on addiction, diversity, motivational interviewing, and sexual health

Adjunct Faculty

Oregon State University

Fall 2018 – Fall 2019

- Half-time position teaching graduate level courses in hybrid CACREP-accredited Master's in Counseling program

Instructor

Buehler Institute, Santa Barbara CA

2018-2019

- Co-taught in-person three day workshops as part of the Institute's AASECT-approved certification program in sex therapy

Adjunct Faculty

Saybrook University, Oakland CA

2018 Taught online human sexuality course

Part Time Counseling Faculty

University of Nevada Reno

2015-2016

- One year appointment position for a faculty member on sabbatical

- Taught Internship, Family Systems, Couples Counseling and Human Development courses
- Provided guidance as students prepare to apply for state licensure
- Supervised practicum students and interns at the university clinic
- Worked with university clinic director to foster a culture of research in the clinic

Trainings for Washoe County School District (WCSD)

Community Grants

2014-2015 2015-2016

- 200 hours of services for WCSD staff, parents, counselors, teachers, and students after 2013 Sparks Middle School school shooting
- Led training for school counselors
- Provided individual and family therapy
- Facilitated community trainings for parents and school personnel

Therapist II

Willow Springs, Reno NV

2010– 2013

- Facilitated individual, group and family sessions for adolescents in residential and outpatient Dialectical Behavioral Therapy (DBT) unit
- Led weekly consultation team meetings and provided training to milieu staff in DBT skills and coaching
- Assisted with program development and preparation for becoming an accredited DBT program
- Provided sexual health interventions for individuals and groups using DBT skills for adolescents

Addictions and Co-Occurring Disorders Program Coordinator

Family Counseling Services, Reno NV

2019 - 2010

- Managed outpatient and intensive outpatient programs for adults with co-occurring disorders
- Provided individual, family and couples counseling for co-occurring disorders
- Offered sexual health groups to individuals in recovery from mental health and substance use disorders
- Created and facilitated family support groups and SGM groups for recovery

Lead Counselor CORE Program

Family Counseling Services, Reno NV

2007 – 2009

- Ran intensive outpatient groups, three-hour group four days a week, for co-occurring disorders on NNAMHS campus
- Developed curriculum for program for intensive outpatient programs for adults with co-occurring disorders

- Incorporated DBT-informed therapy, Seeking Safety, motivational interviewing and other evidence-based practices into curriculum
- Developed sexual health in recovery modules for curriculum
- Started family days for intensive outpatient program participants to bring and include their family members in their treatment

Therapist

Center for Behavioral Health, Reno NV

- Saw individual clients at opioid maintenance clinic

S.A.F.E. Center Supervisor Volunteer

St.Vrain Family Center, Longmont CO

2005-2006

- Provided safe exchange services for separated and divorced couples to drop off and pick up their children
- Supervised visitation for parents who were court-ordered for supervised-visits only with their children

Nurturing Program Volunteer

Boulder County Social Services, Longmont CO

2005

- Assisted in parent-training classes and in parallel children's activity group

Research Assistant

Naropa University, Boulder CO

2004-2005

- Supported Professor in research and curriculum development for Human Development courses in the Counseling Psychology Program

Human Resources Administrator

Kripalu Center for Yoga and Health, Lenox MA

2000-2003

- Completed position evaluation/compensation review
- Managed payroll and administered benefits
- Created and ran a return to work program for people with disabilities

Volunteer Peer Counselor

Peer Counseling Group, Lenox MA

1995-2000

- Led workshops and groups, and participated in individual peer counseling sessions for general well-being, as well as supporting community advocacy.
- Topics for workshops and groups included basic peer-counseling skills as well as special topics including women, working class, LGBTQ, and young/emerging adult

TEACHING

University Courses Taught

Special Topics: Diversity and Inclusion in the Helping Professions Spring 2021; Graduate and undergraduate students; University of Nevada-Reno, Reno NV

Practicum I and II; Internship I, II, and III; Group Counseling; Crisis, Trauma, Grief and Loss Fall 2018- Fall 2019; Hybrid counseling courses for students pursuing MA in Counseling; Oregon State University, Salem OR

Human Sexuality, Spring 2018; Online course for students pursuing MA in Counseling; Focus on Sexual issues in counseling and sexology perspectives for counselors; Saybrook University, Oakland CA

Emotion and Addiction, Fall 2017; Graduate course for students pursuing MA in Counseling or Human Development/Family Studies; Focus on research on emotion, use of emotion in counseling process, and motivational interviewing skills; University of Nevada-Reno, Reno NV

Assessment and Case Management of Addiction, Summer 2017 and 2018; Undergraduate course for students pursuing certificate in substance use counseling in; Focus on DSM, ASAM, and clinical assessment and clinical writing skills; University of Nevada-Reno, Reno NV

Diagnosis and Assessment, Spring 2017 and Spring 2018; Co-taught graduate course for students pursuing MA in Counseling; Focus on DSM as well as other assessment tools (i.e. Myers Briggs, MMPI, Rorschach, etc.); First interview skills; University of Nevada-Reno, Reno NV

Special Topics in Addiction: Assessment, Treatment and Case Management of Substance Related Disorders, Fall 2014 and 2016; Co-taught graduate course for students pursuing MA in Counseling or Human Development/Family Studies; focus on DSM, ASAM, clinical report writing, treatment planning, and motivational interviewing; University of Nevada-Reno, Reno NV

Theories of Marriage and Family Therapy, Fall 2015; Graduate course for students pursuing MA in Counseling; University of Nevada-Reno, Reno NV

Human Development, Spring 2015; Graduate courses for students pursuing MA in Counseling, Educational Leadership, or Teaching; University of Nevada-Reno, Reno NV

Skills in Couples Counseling, co-taught with Dr. Chuck Holt, Spring 2016; One-day workshop for students pursuing MA in Counseling; University of Nevada-Reno, Reno NV

Internship in Marriage and Family Therapy, Fall 2015 and Spring 2016; Graduate courses for students pursuing Master in Counseling; University of Nevada-Reno, Reno NV

Special Topics in Addiction: Emotion and Addiction, 2015; Co-taught graduate course for students pursuing MA in Counseling or Human Development/Family Studies; Focus on research on emotion, use of emotion in counseling process, and motivational interviewing skills; University of Nevada-Reno, Reno NV

Creative Writing, 2006; Co-taught undergraduate creative writing course; Naropa University, Boulder CO

Writing Fundamentals, 2004-2006: Designed and taught writing workshop series for students and faculty; Naropa University, Boulder Colorado

Continuing Education Courses Taught

Upcoming: Emotional Intelligence (full title TBA), one-day training with co-instructor Dr. Chuck Holt, Center for the Application of Substance Abuse Technologies, Reno NV, 2021 (6 CEUs)

Motivational Interviewing Online, four-part online training, Center for the Application of Substance Abuse Technologies, Reno NV 2020 (12 CEUs each)

Sex therapy with lesbian couples; Buehler Institute, Santa Barbara CA, 2017, 2019, and 2020 (1 hour presentation as part of her three-day AASECT training)

Motivational Interviewing Advanced Skills, one-day training, Nevada Partnership for Training, School of Social Work, University of Nevada Reno, Reno NV, 2020 (6 CEUs)

Motivational Interviewing Advanced Skills, one-day training, Center for the Application of Substance Abuse Technologies, Reno NV, Two trainings in 2016, one in 2017, two *upcoming* in 2020 (6 CEUs each)

Motivational Interviewing in Supervision, one-day training, Center for the Application of Substance Abuse Technologies, Reno NV and Las Vegas NV, 2019 (6 CEUs)

Motivational Interviewing with Adolescents, one-day training, Center for the Application of Substance Abuse Technologies, Reno NV and Las Vegas NV, 2018 and 2019 (6 CEUs)

Motivational Interviewing Skills Introduction, two-day training, Center for the Application of Substance Abuse Technologies, Reno NV and Las Vegas NV, three in 2016, two in 2017, two in 2019 (12 CEUs each)

Sex therapy: Assessment, theory, and working with lesbian, gay, transgender, and genderqueer clients, co-trained with Dr. Stephanie Buehler for her three-day AASECT training; Buehler Institute, Santa Barbara CA, July 2018 (22 CEUs)

Advanced practice with Transgender and Genderqueer Clients, co-presented with Michael Kuffel; Center for the Application of Substance Abuse Technologies (in-person in Reno NV and live webinar available nationally), May 2018 (6 CEUs)

Motivational Interviewing with Groups, Center for the Application of Substance Abuse Technologies, Reno NV and Las Vegas NV, February 2018 (6 CEUs)

Sexual Health Interventions with Couples, Center for the Application of Substance Abuse Technologies, Reno NV and Las Vegas NV, March 2018(6 CEUs)

Treating Problems with Pornography, Center for the Application of Substance Abuse Technologies, Reno NV and Las Vegas NV 2017 (6 CEUs)

Sexual Health in Recovery, Center for the Application of Substance Abuse Technologies, Reno NV, and Las Vegas, NV 2014 and 2017 (6 CEUs)

Culturally Competent Behavioral Health Care for LGBTQI+ Clients, Center for the Application of Substance Abuse Technologies, Reno NV, and Las Vegas, NV 2017 (6 CEUs)

Sex "Addiction:" Diagnosis and Treatment, Center for the Application of Substance Abuse Technologies, Reno NV, and Las Vegas, NV 2017 (6 CEUs)

Substance Abuse Treatment for Lesbian, Gay, Bisexual, Transgender, and Genderqueer People for the Department of Corrections, Center for the Application of Substance Abuse Technologies, Las Vegas NV, 2017

Creativity in Our Work, fundraiser for MFT Peer Connect, Sage Healing Arts, April 2017

Creativity in Our Work, presentation for Drug and Alcohol Counselors and Interns, Sage Healing Arts, January 2017

Interventions for Sexual Health in Recovery (Existential work, sensate focus, erotic maps, and more), Center for the Application of Substance Abuse Technologies, Reno NV and Las Vegas NV, 2016 (6 CEUs)

Two-day training for MFT licensure interns on assessment and diagnosis, including DSM, MSE, and interviewing skills, July 2015

Gottman's Seven Principles of Making a Marriage Work, a workshop for couples, Unitarian Universalist Church of Northern Nevada, 2014 (offered for CEUs)

Gottman's Seven Principles of Making a Marriage Work, a workshop for couples, Sage Healing Arts, 2014

Motivational Interviewing Skills Level Two, two-day training, Center for the Application of Substance Abuse Technologies, Reno NV, 2009 (12 CEUs)

Motivational Interviewing Training, co-facilitated series for local clinicians, Reno NV, 2008 (offered for CEUs)

CONFERENCE PRESENTATIONS

Writing standards of care letters (WPATH) for TGNC clients; **Nevada Public Health Training Center's Gender Identity & Sexual Orientation Minority (GSM) Health Conference**, Reno NV, December 2020

Suicide prevention with LGBTQ patients, invited speaker; **Nevada Public Health Training Center's Gender Identity & Sexual Orientation Minority (GSM) Health Conference**, Reno NV, November 2019

Screening for intimate partner violence with LGBTQ patients, invited speaker; **Nevada Public Health Training Center's Gender Identity & Sexual Orientation Minority (GSM) Health Conference**, Reno NV, November 2019

Multicultural issues in supervision, invited speaker; **Nevada Coalition for Systemic Counseling, Annual Mentoring and Professional Development Conference**, Reno NV, October 2019

Research on relationship wellness checkups with transgender, gay, and lesbian couples: Supporting wellbeing for sexual minority couples; **Society for the Scientific Study of Sexuality**, Montreal, Canada, Brief Presentation, November 2018.

Working With Sexual Concerns: Attending To Ambivalence And Emotion **Society for the Scientific Study of Sexuality**, Montreal, Canada, Continuing Education (one hour), November 2018.

Working Improving Outreach To Gay, Lesbian, Transgender, And Genderqueer Couples: Lessons Learned In Research Promoting Relationship Wellbeing, **Society for the Scientific Study of Sexuality**, Montreal, Canada, Poster Presentation, November 2018.

Sex Positive Perspectives On Erotic Transference And Countertransference, **Society for the Scientific Study of Sexuality**, Montreal, Canada, Continuing Education (one hour), November 2018.

Detransition and Retransition. Facilitated community panel. **Fifth Annual Transgender Health Conference**, Reno NV, September 2018

Helping our trainees gain knowledge and get comfortable with sexual health topics, **American Counseling Association for Counseling Education and Supervision 2017 Conference**, Chicago, IL, One hour education session, October 2017.

Helping interns and students manage sexual transference and countertransference, **American Counseling Association for Counseling Education and Supervision 2017 Conference**, Chicago, IL, One hour education session, October 2017.

Alliance ruptures and repairs with clients who are different from the therapist, **American Counseling Association 2017 Conference**, San Francisco CA. One hour clinical education session, March 19, 2017, co-facilitated with Edward Ewe.

Relationship counseling for transgender couples, invited speaker; **Fourth Annual Transgender Health Conference**; Reno, NV 2016

Working with LGBTQIAP families, couples, and individuals, invited speaker, **Nevada Association of Marriage and Family Therapists, bi-annual conference**. Six hour clinical education session for the one-day conference, May 17, 2016

Working effectively and sensitively with LGBTIQ clients, invited speaker; **Co-Occurring Disorders and Treatment Conference, Washington State Conference**, Yakima WA, October 12-13, 2015

Sexual health in recovery, invited speaker; **Co-Occurring Disorders and Treatment Conference, Washington State Conference**, Yakima WA, October 12-13, 2015

Assessment and treatment of transgender and genderqueer children, teens, and adults using WPATH Standards of Care, invited speaker, **Second Annual Transgender Health Conference**; Reno, NV, 2014.

Transgender and genderqueer health: DSM-5, WPATH, and Therapeutic SOC, **First Annual Transgender Health Conference**; Reno, NV, 2013

Working with life concerns for transgender and genderqueer clients, co-presented with Dr. Christine Aramburu Alegria. **First Annual Transgender Health Conference**; Reno, NV, 2013

FELLOWSHIP

Writing Fellowship

Writing Fellow, 2003-2004

Head Writing Fellow, 2004-2006

Naropa University, Boulder CO

- Trained in pedagogy for writing fellowship program, with a focus on collaborative education

- Taught classes in writing process
- Co-taught undergraduate creative writing courses with university faculty
- Provided tutoring and feedback for faculty, graduate, and undergraduate students - academic papers, master's level theses, and creative works
- Trained and supervised writing center fellows

EDUCATIONAL AWARDS

Member, Honor Society Phi Kappa Phi, Oregon State University, 2016-2017
Honors Scholarship, Naropa University, Boulder CO, 2005-2006
Honors Scholarship, Naropa University, Boulder CO, 2004-2005
Berkshire Leadership Program, 2000 (a program to support and train local leaders in the community – participants were nominated from within the community)
Herz Award for Highest Scholarship, University of Nevada, Reno, 1991
Simon and Grace Gorostordoy Memorial Scholarship, University of Nevada, Reno, 1990
High School Principal Scholarship, University of Nevada, Reno, 1989-1992
High School Graduation Award of Recognition in Journalism, 1989
High School Graduation Award of Recognition in Physics, 1989

MOTIVATIONAL INTERVIEWING CONSULTATION AND SUPERVISION

- Individual and group motivational interviewing supervision and practice for interns and clinicians
- Continuing education workshops in motivational interviewing (see above)
- Motivational interviewing tape coding of student tapes
- Motivational Interviewing introductory training and skills tape coding, series designed for emergency service personnel and paramedics, Regional Emergency Medical Services Authority (REMSA), Reno NV, 2013
- Motivational Interviewing for Co-Occurring Eating Disorders and Addiction, series designed for Center For Hope Of the Sierras, Reno NV, 2014-2015

COMMUNITY ADVOCACY

- Co-Founded free interdisciplinary monthly consultation group for Gender Affirming Care for clinicians in Nevada, 2021
- Co-Founded solidarity social group for SGM and BIPOC clinicians in local area, 2021
- Founded group for clinicians interested in sex therapy – connecting students, interns, professionals new to the specialty with mentors and supervisors, provided educational and networking opportunities, promoted group members initiating special interests, reading and podcast groups, and exploration of certification as well as use of local expertise and consultation, 2020-present
- Member and trained with Physicians for Human Rights in forensic assessment for asylum applicants, October 2019

- Provided free consultation to students, interns, and licensed clinicians in transgender and genderqueer affirmative care and advocacy, 2007-present
- Designed and facilitated full-day professional track for Transgender Allies Group (TAG): First and Fifth Annual Transgender Health Conferences – including recruiting regionally renowned researchers and clinicians to present for providers in medical and mental health settings; Original research was presented in the conference by nationally known researchers. CEUs were provided for psychologists, social workers, drug and alcohol counselors, marriage and family therapists, and clinical professional counselors; Reno, NV, 2013 and 2018.
- Founded Standards of Care Collective in collaboration with the TGNC community: The mental health clinicians in this group agreed to help TGNC people looking for evaluations for transition letters (which are still required by the World Professional Association for Transgender Care (WPATH) standards for care for some surgeries) 1) find someone from the group on the patient's insurance panel if possible and if not, 2) complete an evaluation and letter for \$60. All clinicians were trained in taking an affirming stance in their care. I also supported the group to take positions in our work that ultimately these evaluations be eliminated in favor of informed consent models. To support individuals who still needed to have letters for their surgeons or insurance, despite our ideal for getting ourselves out of evaluator roles, the group worked for the following intermediate goals: to use our position as evaluators to argue for exceptions to the standards when warranted, to push insurance companies to cover transition steps, in the evaluation process to listen with empathy and a focus on the phenomenological experience of the person being evaluated - using interviewing techniques such as reflections of feeling and meaning to guide the interview rather than interrogate individuals with questions - and if mental health problems were interfering with the person's physical transition steps, to help the person by creating pathways to their goal rather than enacting gatekeeping powers. The group as of 2020 has a list of mentors and supervisors/mentors contributing pro-bono support for new members.
- Offered a series of free one-day and two-day creativity workshops, weekly support groups ("Coming out later in life," and "Partners of lesbian, gay, transgender people,"), and relational and sexual health workshops, Our Center (our local LGBTQ Center), 2016-2017
- Started and maintained local referral lists with mental and medical health resources for transgender health – including recruitment of other mental health clinicians to work with transgender concerns, 2006 to 2012, then gave list to Transgender Allies Group (TAG) and NNHOPES a community health center to maintain (as providers in the area grew exponentially in number) and supported interns in helping manage the list.
- Organized support groups and ran ongoing group for transgender family support 2012-2015; then trained and transferred leadership of the transgender family group to MFT-Intern to support her emerging leadership, 2015

- Supported NNHOPES (local HIV-AIDS and Federally Qualified Health Clinic) in training clinicians to write standards of care letters for hormone treatment
- Advocated with county school district for transgender kids' needs in schools; supported local school district in forming county-wide policies for transgender students
- Provided medical and surgical intervention and consulted on cases to support the transition process
- Collaborated with TAG (Transgender Allies Group) as a founding member, 2012-present
- Advocated for transgender voice training clinic at UNR, eventually finding success working in conjunction with former UNR faculty Dr Ann Blanton to start a voice clinic specific for transgender and genderqueer individuals
- Attended Trans in Northern Nevada (TINN) as a guest speaker – facilitated discussions on finding competent care, steps in transition, letters for transition, working with rage anger and shame, handling discrimination, and more; annually or biannually as requested 2015 to present, Reno NV
- Organized and hosted, with an ad hoc group of volunteers, two free local screenings of film Trans through AASECT and film director Chris Arnold, 2012

ADDITIONAL SHORT VOLUNTEER PRESENTATIONS

Sexual issues in couple therapy, graduate course Couples Counseling, invited speaker,

University of Nevada Reno, Instructor: Jennifer Ross, PhD, 2020

Working with gay, lesbian, transgender and genderqueer couples, graduate course Couples

Counseling, invited speaker, University of Nevada Reno, Instructor: Steve Nicholas, EdD, 2018

Working with LGBTQ+ clients in sex therapy, invited speaker, bi-annual, Buehler Institute, 2016-Present

Basics of Sexual Health in Counseling, invited speaker, University of Nevada Reno,

Downing Clinic (internship site at the University for MFT-students), Clinic Director: Tom Harrison, PhD, 2017

Sex Therapy, graduate course Sexual Issues in Counseling, invited speaker, University of

Nevada Reno, Instructor: Tom Harrison, PhD, 2017 and 2019 (class runs every other year)

Motivational Interviewing and DBT skills for psychosocial rehabilitation workers, invited

speaker, Alliance Family Services, 2016 and 2017

Transgender Family Presentation, Graduate Course on Family Interactions, invited speaker,

University of Nevada Reno, Instructor: Adrienne Edwards, PhD, 2016

Transgender Health and Family Interactions, Graduate Course on Family Interactions,

invited speaker, University of Nevada Reno, Instructor: Adrienne Edwards, PhD, 2015

Introduction to Sex Therapy, Undergraduate Course in Human Sexuality, invited speaker,

Instructor Edward Ewe, MA; Oklahoma State University, 2015

Motivational interviewing for psychosocial rehabilitation workers, invited speaker, Alliance

Family Services, Reno NV, 2014

- Gottman Method Couples Therapy, Graduate Course on Couples and Family Therapy, invited speaker, University of Nevada Reno, Instructor: Jill Packman, PhD, 2014
- Transgender basics for school teachers, Washoe County School District, invited speaker, 2014
- Transgender support for clinicians working with homeless population, invited speaker, Volunteers for America (women's men's, and family homeless shelters in Reno, NV), 2014
- Emotion regulation, self-harm, and DBT coaching for school counselors, invited speaker, Washoe County School District, 2013
- Self-harm and emotion regulation for psychosocial rehabilitation workers, invited speaker, Alliance Family Services, 2013
- DBT skills coaching for psychosocial rehabilitation workers, invited speaker, Alliance Family Services, 2013
- Transgender Basics for School Counselors, invited speaker, Washoe County School District, 2013
- Safe Zone Training, University of Nevada Reno Medical School, 2013
- Transgender Health, Graduate Psychology Seminar on Integrated Care, Special Topic LGBT Issues, invited speaker, University of Nevada Reno, Instructor, Victoria Follette, PhD, 2013
- Diversity Issues in Couple and Family Therapy, Graduate Psychology Seminar on Couple and Family Therapy, invited speaker, University of Nevada Reno, Instructor: Alan E. Fruzzetti, PhD, 2013
- Motivational Interviewing in Groups, invited speaker, Graduate Course on Addiction Counseling in Community Settings; University of Nevada Reno, Instructor: Meri L. Shadley, PhD, 2011 and 2013
- Motivational Interviewing for Couples and Families, invited speaker, Graduate Course on Couples and Family Therapy; University of Nevada Reno, Instructor: Jill Packman, PhD, 2011
- Motivational Interviewing in Groups, Graduate Course on Addiction Assessment, Placement, and Treatment, invited speaker, University of Nevada Reno, Instructor: Chuck Holt, PhD, 2009
- Gottman Method Couples Therapy, invited speaker, Graduate Course on Couples and Family Therapy; University of Nevada Reno, Instructor: Jill Packman, PhD, 2007